



Carole Kirby, LMSW

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2008 Fall Highlights

Workshops...

I am pleased to be sponsoring my long time friend and colleague, Eleanor Payson, for a one day workshop in Ann Arbor. Ellie and I took the Imago training with Harville Hendrix in New York in the early 90's. She will share her insightful discoveries about our journeys to developing healthier selves.

Discovering the Healthy Self

This educational seminar will offer participants the opportunity to learn the basics of the "healthy self" and healthy relationships.

Sat., Oct. 11 ~ 9 am - 4 pm

(lunch on your own 12:00—1:00 pm)

SH\aut\ Cabaret & Gallery, 325 Braun Court, Ann Arbor Braun Court is off 4th Ave by Kerrytown.

presenter: **Eleanor Payson, LMSW**

Eleanor Payson, LMSW is a licensed marital and family therapist practicing individual and relationship therapy for 25 yrs. Her practice is in Royal Oak. She has increasingly specialized in helping couples that demonstrate the narcissistic/codependent dynamic. Her book, *The Wizard of Oz and Other Narcissists: Coping with the One-Way Relationship in Work, Love, and Family* can be found on Amazon.com.

Every welcome - the professional and non-professional

Cost: \$125. Early registration suggested. For questions contact:

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Creating a Conscious Relationship, A Workshop for Lesbian & Gay Couples & Singles

Sat., Nov. 1 ~ 1 - 6 pm • YMCA, 411 E. 3rd St., Flint, MI

This five hour workshop is an introduction to **Imago relationship therapy**. Too often folks become discouraged as they can't fathom what went wrong in their relationship when the disappointment and strife set in. Imago relationship therapy speaks to this dilemma. It is a theory developed by Dr. Hendrix described in the best selling book, *Getting the Love You Want*. Through the use of lecture, demonstrations, video, and exercises, you will discover what's beneath your longstanding issues and what you can do differently. All participation is by choice.

Cost: \$45.00 if registered by Oct. 15th or \$50 if paid at the door.

Contact: Imago therapist, **Bruce Ford, LMSW** at 810-624-4863 or email bruceford.1@netzero.com.

Weekend Workshop Retreat for Couples A New Way to LOVE

based on the book

Getting the Love You Want
by Dr. Harville Hendrix

**Oct. 17-19 ~ Ann Arbor Area
for all couples**

This weekend will give you new tools & understanding that can help you co-create a closer, stronger coupleship.



Free Workshops

Crazy Wisdom Bookstore
114 S. Main Street, Ann Arbor

Sun. Sept. 28 ~ 2 - 4:30 pm

Discover A New Way to Love
Intro to Imago Relationship Therapy

Sun. Oct. 12 ~ 2 - 4:30 pm

Our Amazing Brain
Neuroscience's New Discoveries
&
the Implications for Us

Sun. Nov. 23 ~ 2 - 4:30 pm

**Forgiveness and
Making Amends**
Why It's So Important

Sun. Dec. 7 ~ 2 - 4:30 pm

**A Deeper
Understanding of Anger**
Pros and Cons

presenter: **Carole Kirby, LMSW**

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News and Notes from Carole

- ♥ There are improvements to the front porch at Ashley Place: new steps, columns, etc.
- ♥ RFC Financial Planners has leased the downstairs office space. I now have good folks as neighbors.
- ♥ Now that the downstairs office is leased, we share the parking lot along side the building. They have 3 spaces and I have 2. Please park alongside my white van. Street parking is also available.
- ♥ I have a new puppy, Niza, who comes to work with me. She has been a joy to have in my life.
- ♥ I am attending a workshop in Royal Oak in October given by Ken Adams on *Differential Diagnosis of Sex Addiction: What Every Therapist Must Know.*"
- ♥ A highlight for me each Fall is attending the 5-day *Imago Relationship International Conference*. This year it's in Portland in early November. Dan Siegel, MD, renowned psychiatrist & author will be the keynote speaker. There will be training with him as well as with IRI faculty members & some of the most experienced Imago colleagues. It's an enriching experience both professionally as well as personally. Imago folks know how to have fun!
- ♥ Anyone interested in being in a therapy group for individuals should contact me as I am hoping to offer a 8 -10 week group as soon as there is enough interest.
- ♥ I haven't raised my fees in four years. Beginning in January, 2009, the fee for an individual session will be \$95 and \$150 for a couple session.